



MENU

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	HELLO AUGUST!!	MONDAY August 11	TUESDAY August 12	WEDNESDAY August 13	THURSDAY August 14	FRIDAY August 15
	BOWLS & BROTHS	Chicken Orzo	Chicken Pot Pie	Classic Black Bean	Lobster Bisque	Corncob Chowder
	THE	Peruvian	Ethiopian	Chinese	Comfort	Central Italy
	THE	Peruvian Roasted Chicken Thighs with Aji Verde (Peruvian Green	Key Wat (Ethiopian Beef Stew)	Five Spice Roasted Chicken with Hoisin &	Honey BBQ Glazed Chicken Thigh	Chicken Marsala (Chicken Thighs, Mushrooms and Sage)
	THE INTERCHURCH CENTER	Sauce) Lomo Saltado	Berbere Chicken Curry	Ginger	Ale Braised Beef	Balsamic & Rosemary Grilled Tres Major
	(F)	(Peruvian Beef Stir-Fry	Jollof Rice	Miso Glazed Salmon	Brisket	(Steak)
K	BRICKYARD	Steamed White Rice Roasted Cauliflower	Fassolia (Green Beans and Carrots Cooked with	Vegetable Fried Brown Rice	Butter Braised Marble Potatoes with Chives	Sauteed Broccoli Rabe with Garlic & EVOO
	SEARED TO BE	with Kalamata Olives	Onions, Garlic, and Tomatoes)	Honey Ginger Glazed Carrots	Zucchini with Shallots, Butter and Toasted	Tri-Color Quinoa Pilaf
	SAVORED				Breadcrumbs	